

## Transition Chepstow August 2010 Newsletter

It seems that Summer may be bidding us goodbye for another year, but don't despair – Transition Chepstow has events and opportunities to help take your mind off this possibility! See below for more details, or visit [www.transitionchepstow.org.uk](http://www.transitionchepstow.org.uk) or join our Facebook site to learn more.

Feel free to forward this newsletter to friends and colleagues.

### **Forthcoming Events**

#### **Wildlife Survey Walk**

Sunday 29th August, Chepstow

Details below

It's been a busy summer for the new Wildlife in Transition group ... starting with the *'Picnic with Wildlife'* at Danes Park in July, with a lovely warm day, over 100 picnickers, lots of fun for children and starring three baby hedgehogs with their mother. It was a great community event and a good opportunity to chat with residents to find out their ideas for making public spaces around the town more wildlife friendly. In August, the group shared a stall with Gwent Wildlife Trust at the Chepstow Show and held a meeting where we welcomed 5 new members.

We decided that one of our priorities is to take walks in and around the town to survey the wildlife and our first survey walk will be on Sunday 29 August. If you are interested in joining us please contact Rosemary at: [wildlifeintransition@transitionchepstow.org.uk](mailto:wildlifeintransition@transitionchepstow.org.uk)

#### **Transition Social**

Friday 3rd September, 8pm

The Boat Inn, Riverside, Chepstow

Are you interested in learning more about Transition Chepstow or meeting locals who are involved with transition projects? Feel free to come along and chat over a drink or two. New faces welcome. For further information, contact Tim via [info@transitionchepstow.org.uk](mailto:info@transitionchepstow.org.uk)

#### **'Give It Away, Take It Away' Re-use Event**

Sunday 12th September, 10am – 4pm

Chepstow Comprehensive School Car Park

The Re-use & Recycling Group is holding its third Give it Away/Take it Away event, this time in the Chepstow Comprehensive School Car Park.

Most of us have heard of the three 'R's of waste – Reduce, Re-use, Recycle - but we tend to focus on recycling rather than re-use. This event aims to re-use goods rather than throwing them away. People can bring goods (such as household

items and toys) that are still useful but no longer needed so that others can help themselves.

Items can be taken from the event site between 10am and 4pm, although the last time for dropping off items is 2.30pm. Donors do not need to remain with their goods, as Transition Chepstow will provide marshals during these hours. Any goods left over will be offered to charity, and the remainder recycled where possible. For more information – or if you can help with marshalling this event - please call Janet on 01291 625977 or email: [recycling@transitionchepstow.org.uk](mailto:recycling@transitionchepstow.org.uk)

### **Circle Dance**

Thursday 16th September, 7.30pm - 9.00pm  
Florence Room, Beaufort Hotel, Chepstow

This free event will take the form of a circle dance. The steps are simple to learn and suitable for all ages. All are invited to participate in the social enjoyment and musical exercise. For more information, please contact Peter via [sustainablehealth@transitionchepstow.org.uk](mailto:sustainablehealth@transitionchepstow.org.uk)

### **Chepstow Apple Day**

Sunday 7th November 11am – 4pm  
Drill Hall, Lower Church Street, Chepstow

Admission free! - Apple varieties display, apple identification by Marcher Apple Network, apple pressing and cider making demonstrations, cider & perry tasting, apple juice and apple foods, competitions, buy locally grown apples.

Help is needed to collect local apples for the event, and help would be welcomed on the day.

For more details, contact Marcus via [food@transitionchepstow.org.uk](mailto:food@transitionchepstow.org.uk) or 07944 468052.

### **Other news...**

#### **Re-use & Recycling Group Meeting – Transition Chepstow**

Thursday 23rd September, 7.30 - 9.00pm  
Regency Room, Beaufort Hotel, Beaufort Square, Chepstow

Monthly Meeting to discuss our ongoing projects; Give it Away/Take it Away re-use events, Plastic Bag Free Chepstow. Everyone is welcome. Please come and join us! For more details, call Janet on 01291 625977 or email: [recycling@transitionchepstow.org.uk](mailto:recycling@transitionchepstow.org.uk)

## Steering Group Meeting – Transition Chepstow

Monday 11 October 2010 @ 19:30 - 21:30

Regency Room, Beaufort Hotel, Chepstow

Interested in helping to shape the way forward for Transition Chepstow or hearing about the initiatives newest plans? Contact Tim via [info@transitionchepstow.org.uk](mailto:info@transitionchepstow.org.uk)

## Health and Consciousness Group Update

This group held its regular meeting on Thursday 19 August, 7.30pm, at the Coach and Horses, Welsh Street. A report on the recent Transition Chepstow Festival event '*Looking Up in the Downturn: Sustaining Health and Happiness in Challenging Times*' (held on 5th July), was presented by Peter Evans.

The topic of the meeting was *Building a Resilient Future* at which the book *Storms of my Grandchildren* by James Hansen was the focus of attention among the attendant seven participants. The group expressed their thanks to Margaret Davis for initiating the discussion and also for providing a comprehensive supply of informative books.

The debate was stimulating and wide-ranging, covering such issues as climate change, security of fossil fuel energy supplies, inter-generational relationships, and personal consciousness values in working together to sustain community welfare and develop social cohesion in times of economic austerity and political turmoil. A keen awareness of such matters, together with an active and coordinated programme of promoting practical initiatives in the areas of energy conservation, travel, and local food supply was recognised as being a primary target for Transition Chepstow in surmounting the challenges of our society's fragile over-dependence on oil.

## Permaculture magazine now in Chepstow library!

Did you know that the term Permaculture is derived from 'Permanent Agriculture', an approach to sustainable land use developed in the 1970s.

For bags of tips and guidance on sustainability projects, take a flick through this great read.

## New Transition Chepstow website on its way!

After three very useful years, we are planning to upgrade our website ready for 2011. So, if you have any ideas on what we should add or take away, please contact Marcus via [food@transitionchepstow.org.uk](mailto:food@transitionchepstow.org.uk) or 07944 468052.

***Transition Chepstow's 2010 programme of projects has received funding through the Rural Development Plan for Wales 2007-2013 which is funded by the Welsh Assembly Government and the European Agricultural Fund for Rural Development.***